Courtney Butler’s Floating Lotus Registered Yoga School Presents

**SEVA Retreat**

* All inclusive: meals and lodging
* Hiking
* Yoga
* All levels of ability welcome
* New cabins that sleep 5 with full baths
* Private rooms available for singles or couples
* Fellowship & much more!
* Chair massage available with Lisa James $20 for 15 minutes.

**Where:** Ferncliff Retreat Center (15 minutes outside of West Little Rock)

**When:**  Noon on Saturday, October 13, to 3 p.m. on Sunday, October 14

**Cost:** $175 with overnight lodging or $115 for the commuter rate

Bring your own linens and pillows for your bed, towel and washcloth.

First come, first served. We have 40 spaces open for overnighters and 10 for commuters.